

# Contact Me!

Mrs. Jenny Pritzl



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\*\*\*Confidentiality and your family's privacy are important to me. What you or your child discuss with a counselor is private, except in cases required by law (when abuse, neglect, or harm are suspected).\*\*\*

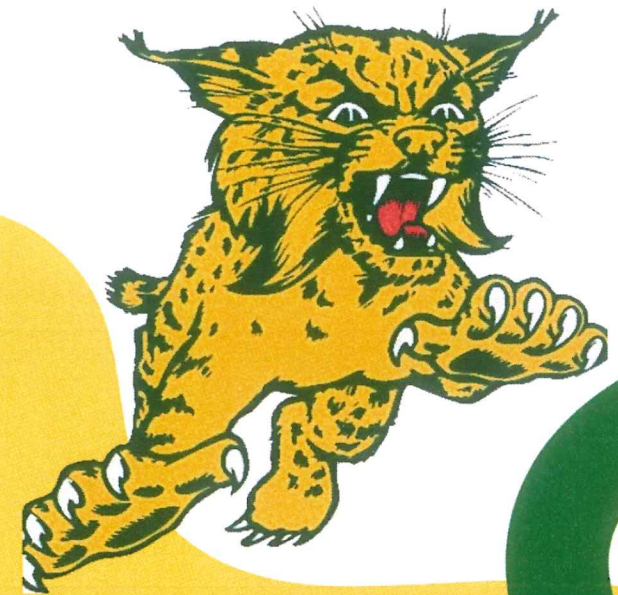
## What does a School Counselor do?

I work alongside teachers and parents to support student social and emotional development, problem solving skills, and promote equity and access for all students.



### I provide:

- Classroom lessons (Character Strong) teaching important social-emotional life skills
- Small group counseling
- Short-term individual counseling
- Crisis intervention/support
- Consultation with parents and teachers
- Check-In Check-Out (CICO)
- Community resource referrals (including longer term therapy services)



Edgar Elementary

School  
Counseling

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# Counseling Topics:

- Making and keeping friends
- Teamwork
- Setting goals
- Career exploration
- Feeling good about yourself
- Making positive choices
- Being responsible and respectful
- Coping/managing strong emotions
- Self-control
- Conflict resolution
- Bullying
- Personal safety
- Perseverance
- Courage
- Kindness and empathy
- Honesty

## How does a student see a School Counselor?

Self-referral

Parent referral

Administrative, teacher, or other staff referral

Referral by friend(s)

## About Mrs. Pritzl

- Graduated from UW- Eau Claire (B.A.) & UW-Stout (M.S.)
- Certified PreK-12 and I have experience at Elementary and Middle School levels
- The 2023-2024 school year will be my 4th year as a School Counselor and this is my 2nd year at Edgar
- I am married to my husband, Matt, and we have a son named Dean who will be one in January 2024
- I LOVE the outdoors, especially camping, fishing, and running

